

REVIEW

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Human papilloma virus (HPV) mediated cancers: an insightful update

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Abstract

Human papillomavirus (HPV), a DNA virus, is a well-documented causative agent of several cancers, including cervical, vulvar, vaginal, penile, anal, and head & neck cancers. Major factors contributing to HPV-related cancers include persistent infection and the oncogenic potential of particular HPV genotypes. High-risk HPV strains, particularly HPV-16 and HPV-18, are responsible for over 70% of cervical cancer cases worldwide, as well as a significant proportion of other genital and head and neck cancers. At the molecular level, the oncogenic activity of these viruses is driven by the overexpression of E6 and E7 oncoproteins. These oncoproteins dysregulate the cell cycle, inhibit apoptosis, and promote the accumulation of DNA damage, ultimately transforming normal cells into cancerous ones. This review aims to provide a comprehensive overview of the recent advances in HPV-related cancer biology and epidemiology. The review highlights the molecular pathways of HPV-driven carcinogenesis, focusing on the role of viral oncoproteins in altering host cell targets and disrupting cellular signalling pathways. The review explores the therapeutic potential of these viral proteins, and discusses current diagnostic and treatment strategies for HPV-associated cancers. Furthermore, the review highlights the critical role of HPV in the development of various malignancies, emphasizing the persistent challenges in combating these cancers despite advancements in vaccination and therapeutic strategies. We also emphasize recent breakthroughs in utilizing biomarkers to monitor cancer therapy responses, such as mRNAs, miRNAs, lncRNAs, proteins, and genetic markers. We hope this review will serve as a valuable resource for researchers working on HPV, providing insights that can guide future investigations into this complex virus, which continues to be a major contributor to global morbidity and mortality.

Keywords HPV, Cancer, E6, E7, Oncoproteins, Cell cycle, Apoptosis, Therapeutics

Introduction

HPV infection is the most common sexually transmitted infection worldwide, carrying significant societal implications. It can be contracted by sexually active individuals, both men and women [1], and it is more prone in women, with an estimate suggesting that 80% of women could acquire genital HPV by the age of 50 [2]. Now, HPV has been recognized by the World Health

Organization as the causative agent of several cancers. About 5% of all malignancies in humans, including those of the cervical, vulvar, vaginal, penile, anal, head and neck cancers, particularly oropharyngeal regions and oral cavity, are caused by HPV [3–5]. Over 400,000 lives are lost to these cancers each year [6]. It is estimated that about >90% of cervical cancers are caused by HPV infection [7]. The main contributors to HPV-related malignancies are the virus's persistent infection and the activity of its oncogenes [8–10]. Due to the lack of noticeable symptoms, HPV infection often appears to be clinically asymptomatic, yet a few lesions that may

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develop into invasive malignancies can be seen in the genital organs [11].

Currently, there are many HPV genotypes known, which are divided into high-risk HPV (HR-HPV) and low-risk HPV (LR-HPV) based on their ability to cause cancer [12, 13]. The International Agency for Research on Cancer (IARC) now recognizes 229 HPV genotypes, with the list growing [14]. HR-HPV genotypes are found to be responsible for the majority of HPV-related carcinoma [15, 16]. For instance, genotypes [16, 18, 26, 31, 33, 35, 39, 45, 51–53, 56, 58, 59, 66, 68, 72, 81] are known to cause oropharyngeal and anogenital malignancies in humans [17]. Furthermore, HPV16 and HPV18 are responsible for more than 70% of cervical cancer cases [18], whereas HPV16 contributes to 87% of global OPSCC cases [19, 20]. In contrast, LR- HPV strains, such as HPV 6 and 11, may induce warts on the genitalia, anus, mouth, and throat; nevertheless, they infrequently lead to malignancy [21]. A clear correlation exists between the severity of HPV infection and the intensity of lesions, as well as the prevalence of oncogenic HPV genotypes, suggesting a link between these genotypes and the development of cancers, including cervical cancer (CC), head and neck squamous cell carcinoma (HNSCC), anal cancer, and less common cancers such as penile, vaginal, and vulvar cancers [22]. Harald Zur Hausen's innovative work transformed the contemporary comprehension of cervical cancer by demonstrating a causal relationship with human papillomavirus (HPV). In 1976, he proposed his hypothesis that HPV is the causative agent of cervical cancer [23]. His meticulous research also improved the understanding of HPV's role in various cancers [24]. His discoveries facilitated the advancement of the HPV vaccine, an essential instrument in preventing cervical cancer and diminishing HPV-related worldwide morbidity and mortality [25, 26]. Substantial advancements have been achieved in the prevention of HPV-related cancers via vaccines and screening methods. Notwithstanding these gains, difficulties persist, such as low vaccination rates in low- and middle-income nations and the necessity for wider deployment of HPV preventive programs globally [27].

This review examines recent developments in HPV-related cancer biology and epidemiology, emphasizing HPV's role in carcinogenesis. It elucidates the mechanisms underlying HPV-induced carcinogenesis and the influence of viral oncoproteins on host cellular targets and signalling pathways. Furthermore, we represented areas of HPV's association with various cancers, existing methods for diagnosis and treatment, therapeutic potential and strategies of targeting oncoproteins in cancers, various biomarkers, and vaccinations available. These prospective targets and

biomarkers offer avenues to alleviate the worldwide burden of HPV-related diseases via early intervention, tailored treatment approaches, and maybe curative medicines. Further research in this domain is essential to achieve a thorough comprehension of the molecular mechanisms behind oncoprotein-mediated cancer metastasis and to formulate novel diagnostic and treatment approaches for patients with HPV- induced metastatic disease.

HPV-induced cancer epidemiology

Men and women can both be affected by HPV infections. Studies estimate that over 80% of sexually active individuals will have contracted HPV by the age of 45 [28]. Ninety percent of HPV infections resolve within 2 years on average [29]. However, genital warts and malignancies are among the diseases that can result from persistent infections [4]. HPV-16 and 18 cause ninety percent of HPV-related malignancies; however, cases associated with HPV 31, 33, 45, 52, and 58 have been rising [30].

Geographically, there were significant regional differences in the frequency of HPV infection and related malignancies. Countries in Africa, South America, and parts of Europe have the highest prevalence of HPV infection globally ($\geq 33.87\%$), followed by regions in Europe and Australia (16.93–33.87%), with lower rates observed in some countries in North and South America ($< 16.93\%$) [31]. Asia exhibited a relatively lower overall HPV prevalence; however, a rising trend was observed between 2004 and 2017 [17]. Rates of HPV infection differ around the world, with developing nations having a higher prevalence (42.2%) than developed ones (22.6%) [32, 33].

Studies indicate that HPV is present in up to 99.99% of cervical cancer (CC) cases, demonstrating a strong correlation [34]. Every year, about 570,000 cases of cervical cancer are reported worldwide due to HPV infection, which accounts for 8.6% of all female malignancies [35]. Owing to the extensive implementation of screening and preventive measures, the prevalence of cervical cancer has significantly decreased [36]. However, low- and middle-income countries (LMICs), particularly those in South America, Africa, and Asia, face a disproportionately high burden of HPV-related CC [37]. This is due to limited access to healthcare in resource-constrained settings [38]. The World Health Organization (WHO) initiated the global Cervical Cancer Elimination Initiative in 2020 to expedite the elimination of cervical cancer (4 cases per 100,000 women-years) and has set targets to be accomplished by 2030 [39]. Moreover, cervical HPV infection has been associated with an increased prevalence of anal

carcinoma [36]. It has been demonstrated over the years that HPV infection, particularly anal infections, is quite prevalent among men [40]. Affluent nations are experiencing a rise in the proportion of head and neck squamous cell carcinomas (HNSCCs) associated with HPV, notably oropharyngeal squamous cell carcinoma (OPSCC) [37]. The burden of HPV-positive OPSCC is significantly higher in males from more developed countries [19]. Europe se to about 50%, but North America had the highest frequency, with an estimated rate of 65% [41]. HPV-related malignancies continue to be a major source of morbidity and death globally, particularly in less developed nations, despite the availability of prophylactic measures [42].

Transmission

The most well-documented route of HPV transmission is sexual contact, primarily through skin-to-skin or skin-to-mucosa contact [43, 44]. Oral HPV transmission is linked mainly to sexual activity, with little evidence indicating transmission via saliva or routine encounters [43]. However, non-sexual transmission routes are also possible, including contact with fomites, self-inoculation, indirect transmission via hands, and vertical transmission from mother to child during direct contact with an infected mother's genital tract or through ascending infection, especially after premature rupture

of membranes [44]. Additionally, studies have shown that HPV can be transmitted through blood [45]. Effective measures are essential in clinical settings to prevent unintentional HPV transmission, as the virus can persist on medical equipment even after standard disinfection [46]. Raising awareness and implementing proper disinfection protocols is crucial to reduce transmission and its associated health impact.

HPV life cycle

HPV genome organization

HPV is a non-enveloped virus and belongs to the papillomavirus genus of the *papovaviridae* family. All HPVs have a double-stranded circular DNA genome of about 7.9 kb (Fig. 1A). It is composed of: (1) early (E) region encodes E1, E2, E1[^]E4, E5, E6, E7, E8[^]E2 proteins that are linked to infection, viral replication, and oncogenesis; (2) late (L) region encodes L1, L2 proteins [47]. (3) an upstream regulatory region (URR), also known as the long non-coding control region (LCR), is responsible for viral early promoter transcription and DNA replication but not responsible for protein coding functions [47, 48]. The URR has the most diversity and contains the p97 promoter and regulatory motifs. This functionality, URR analysis, can be used for HPV classification [21, 49]. The key features of the expressed HPV genes are summarized in Table 1. The icosahedral shell encapsidating the

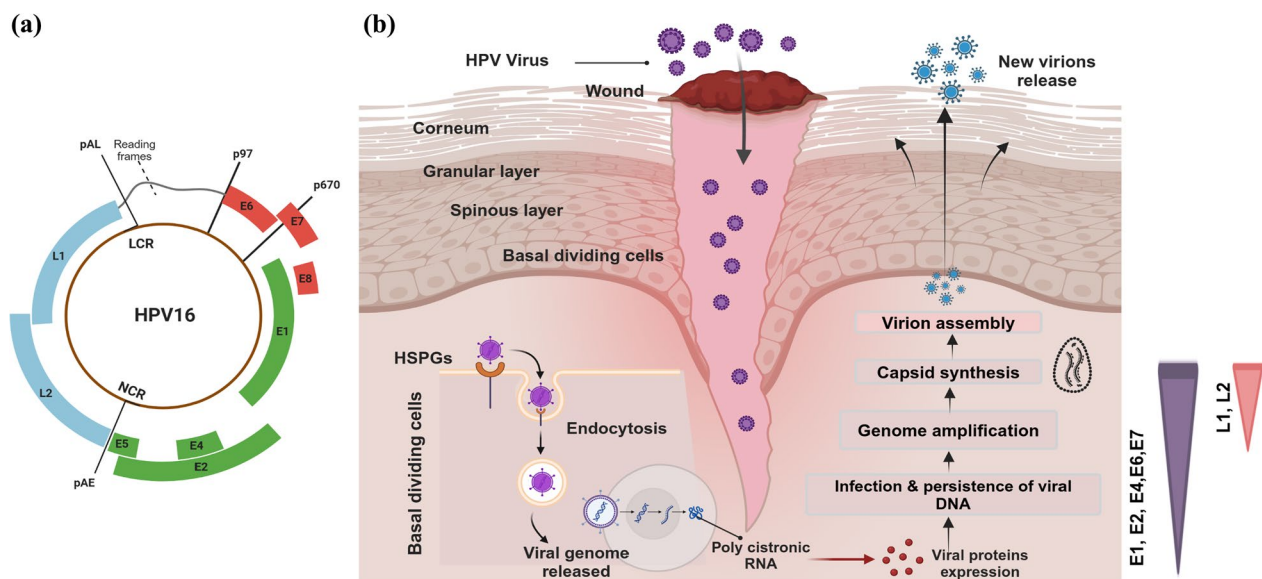


Fig. 1 **A** HPV genome organization. The genome of HPVs, about ~7.9 kb circular double-stranded DNA, consists of approximately eight open reading frames (ORFs), which can be functionally categorized into three main regions: the E region, the L region, and the long control region (LCR). Early and late promoters (p) are denoted p97 and p670, respectively; early and late polyadenylation sites are denoted pAE and pALs, respectively with straight lines above the circular genome. **B** The HPV infection starts in the basal epithelial cells upon injury/trauma/permeability and ends with the assembly and virion release at the very top terminally differentiated epithelial cells. Early genes of E1, E2, E6, E7, E4, E5 and late genes of L1 and L2 are expressed in basal to superficial layers during the infection initiation, progression, and termination. Complete virions are then shed from the surface of the squamous epithelium in a non-lytic manner

Table 1 Summary of the functions of Human Papilloma Virus genes. E, early genes and L, late genes

Gene	Key functions	References
E1	Helicase; involved in genome replication	[310]
E2	Viral life cycle's master regulator, viral gene transcriptional regulator, partitioning viral genomes, reduces the expression of E6 and E7	[311, 312]
E1^E4	Expressed as late stage as a viral late gene, helps the virus escape the host cell via disruption host cytokeratin network	[313–315]
E5	Small hydrophobic transmembrane proteins that are carcinogenic and contribute to the productive viral life cycle	[316]
E6	Oncoprotein; inhibiting p53, counteracts the antiviral actions of E7 via preventing apoptosis	[317]
E7	Oncoprotein inhibiting pRb, Setting up the cellular conditions for immortalization and replication	[318]
E8^E2	Suppressing the expression of genes and viral replication	[319]
L1	key structural element of the viral capsid Being shown following the differentiation of cells	[320]
L2	A small capsid protein that actively contributes to the HPV virus's assembly throughout the infectious process	[321]

genome is made up of 360 copies of a single protein, L1 arranged into 72 pentameric capsomeres most likely containing only one copy of L2 at the centre [50]. HPV also has early (PE) and late (PL) promoters and polyadenylation sites (pAE and pAL).

Life cycle

The HPV life cycle is intricately tied to the differentiation of host keratinocytes in the epithelium. (Fig. 1B). The virus's productive phase and the random integration of its DNA into host chromosomes specifically target the basal of the epithelium [51, 52]. The virus needs microlesions/small breaks in the skin or mucosa to gain entry [53]. HPV L1 capsid protein attaches itself to cellular receptors on the surface of basal layer cells [54]. Heparin sulphate proteoglycans (HSPGs) appear to be the main receptor for the initial binding [55]. HPV entrance receptors include integrins ($\alpha 6$ integrin) [56–58], laminins [59], syndecan-1 [56, 60], annexin-A2 heterotetramer [61, 62], vimentin [63], and tetraspanin-enriched membrane microdomains [64]. The HPV genotype and cell type determine the receptor approach. Endocytosis drives the virus [65]. The virus travels within small vesicles through membrane-bound cytoplasmic components, the *trans*-Golgi network [66, 67], and the endoplasmic reticulum (ER) [67, 68]. The viral capsid is removed, and the viral genome is released in close proximity to the nuclear membrane due to a sequence of interactions and structural alterations in the vesicles [69]. Entry into the nucleus occurs through nuclear pores or mitosis when the nuclear membrane breaks down [70]. Upon nuclear entry into the dividing cells of the basal layer, the viral early promoter is activated to express a polycistronic RNA. This polycistronic RNA undergoes extensive alternative RNA splicing to express viral E6, E7, E1, E2. Early proteins help to sustain infection. E1 and E2 facilitate

initial episomal viral genome replication. E6 and E7 proteins help to maintain replication via suppresses cellular differentiation, promote cell cycle progression, and prevent apoptosis in developing cells [53]. E4 proteins, the most common viral regulatory factor, may help differentiate keratinocytes, which promotes viral genome amplification in late phases of the viral life cycle [71]. Several thousand viral genomes are produced by late-stage DNA replication and it requires enhanced early proteins to complete and release virions [53]. Following cell's entry into the epithelium's outermost keratinized layer, freshly synthesized viral DNA is encapsidated with immunogenic capsid proteins L1 and L2 to create virion assembly which are subsequently released, and the life cycle is restarted. New virions are deposited in cornified layer that are continuously shed. HPVs do not induce complete cell lysis [72]. There is a lower limit on the duration of the viral life cycle since it takes around 3 weeks for a basal cell to differentiate and migrate to the epithelial surface [73].

HPV carcinogenesis

Most of the HPV infections are asymptomatic and resolve on their own with time. The development of HPV infection to cancer is rare, despite of the overwhelming evidence linking HR-HPVs to several malignancies [74]. Persistent infection of basal and stem epithelial cells be the main factor leading to cancer development [75]. However, in rare cases, particularly with HPV types 16 and 18, reactivation of latent HPV infections may lead to malignancy [76, 77]. During persistent infection, there is an integration of the viral genome with the host genome that modifies the condition of host cells, facilitating the onset and progression of malignancies. Integration of the HPV genome typically involves the deletion of large segments of viral DNA and the disruption of the

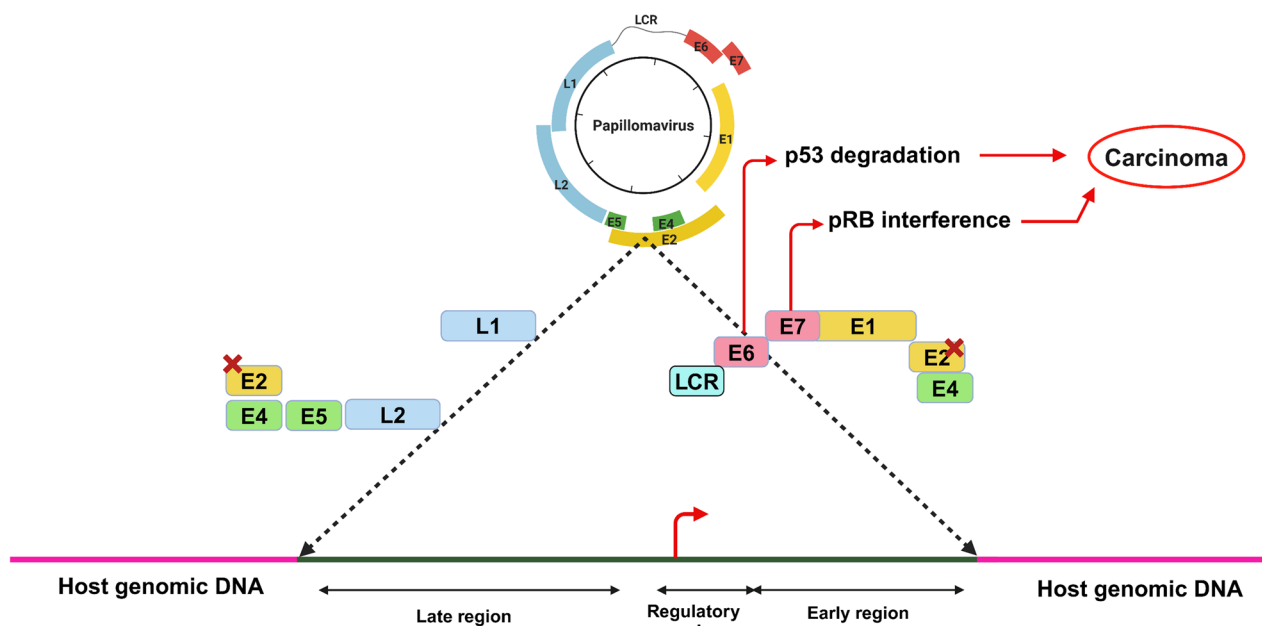


Fig. 2 Integration of the HPV genome into the host genome induces disruption of the E2 gene, leading to the consecutive expression of the oncogenes E6 and E7, resulting in induced cellular immortalization, transformation, and, ultimately, carcinoma

E2 gene (Fig. 2). In this integrated form, the E6 and E7 genes remain intact and can be transcribed from the long control region (LCR) located upstream of the integration site. The disruption of E2 (and E2 repressor that negatively regulates E6 and E7 expression), and alterations to cellular promoter elements near the integration site can lead to increased E6 and E7 expression [78]. This increased expression is the critical alteration needed for the progression of infection to malignancy, regardless of the anatomical site infected [79, 80]. Overexpressed E6 and E7 activity interferes with the transcription of tumor suppressor genes (p53 and Rb), chromosomal instability, inhibits differentiation, and promotes cell proliferation, collectively increasing the risk of malignancies [53]. Moreover, progression of carcinoma is accelerated via dysregulated epigenetic modifications. For instance, HPV DNA and host cell genome causes the dysfunction of tumor suppressor genes, thereby accelerating the malignancies [81].

Oncoproteins altering host cell targets

HPVs oncoproteins' best-known actions is to degrade important tumor suppressor proteins, leading to uncontrolled cell growth. E7 interacts with the tumor suppressor pRb, a retinoblastoma protein, to cause carcinogenesis [82] and other retinoblastoma pocket proteins, such as p107 and p130 [83, 84], resulting in the inhibition or proteasomal degradation of Rb's. Using the conserved and canonical LXCXE (L, leucine; C,

cysteine; E, glutamic acid; X, any amino acid) based binding motif, E7 binds to unphosphorylated pRb [85]. Such binding enables ubiquitination and subsequent proteasome destruction, releasing the transcription factors E2 F, which causes active E2 F-dependent transcription that encourages the cell cycle's passage to the S phase, increasing proliferation and, coincidentally, the transcription of viral genes [84, 86]. E7 can further promote G1-S phase entry of the cell cycle [87, 88] by repressing or activating the expression of cell cycle regulatory proteins, such as cyclins A and E, and the cyclin kinase inhibitors p21 and p27 [75]. Additionally, E7 triggers the activation of DNA methyltransferase, which causes an uncontrollably high degree of DNA methylation. This perturbation additionally tampers with the epigenetic modulation of cellular processes [89–91]. Targeting Rb-E2 F and other cell cycle regulators can have the biological consequence of upregulating p53, another tumor suppressor that would ordinarily counterbalance these effects by preventing cell growth and triggering apoptosis [84]. To prevent this, another oncoprotein called E6 interferes with another tumor suppressor protein, p53 and BAK, a pro-apoptotic protein, inhibiting their function, preventing apoptosis, and allowing viral DNA replication to continue [92]. E6 binding to the ubiquitin ligase enzyme, referred to as E6 associated protein (E6 AP) results in proteasomal degradation and inhibition of p53 [89, 90]. As depicted in Fig. 3, there is a marked decrease in p53 levels in E6-expressing cells, which predisposes them to

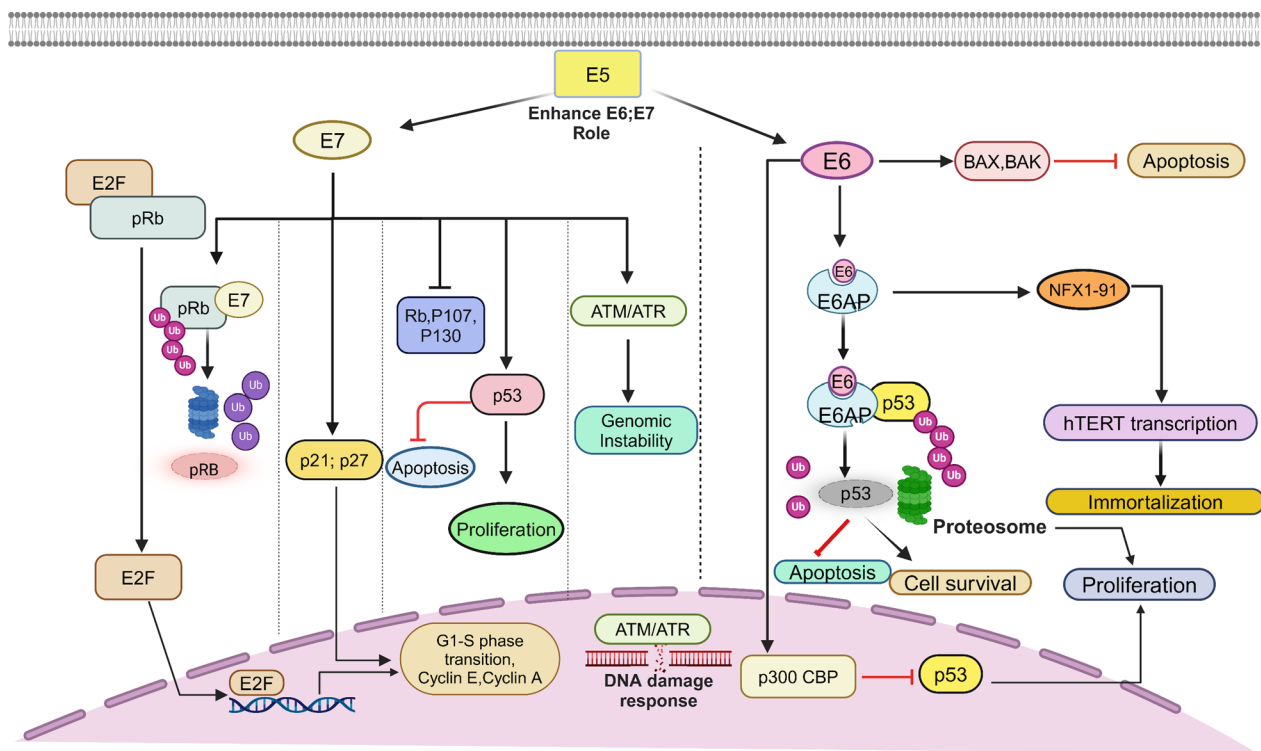


Fig. 3 Events mediated and modulated by HPV E6/E7

the accumulation of mutations and chromosomal aberrations, resulting in greater chances of developing transformation, dysplasia, and cancer [93]. Other targets encompass a variety of important components, including proteins involved in apoptosis that regulate cell signalling and adhesion, as well as p300/CBP transcriptional activators that participate in differentiation regulation and cell cycle control [94]. In addition, E6 also triggers the transcription of telomerase reverse transcriptase (TERT), which is essential for cellular immortalization [95]. Due to impairment of DNA, the cells activate the DNA damage response (DDR) [96]. To encourage viral genome replication, HPVs also subvert the host DNA damage response, which raises replication stress and adds to genomic instability [97]. It is demonstrated that in the presence of single-strand or double-strand DNA breaks, E7 and E6 activate the ATM and Rad3-related (ATR) and ataxia telangiectasia-mutated (ATM) DNA damage repair pathways respectively [98]. Cell cycle arrest takes place due to the activation of these DNA damage repair pathways; E7, however, stops this from happening by causing caspase to degrade, a protein necessary for DNA damage checkpoint repair [99]. Head and neck cancer has also been linked to manipulation of DNA damage response, as HPV16 E7 causes DNA damage in an Rb-dependent manner that leads to tumor growth

when combined with other DNA repair abnormalities [100]. As cervical squamous intraepithelial lesions progress in severity, the expression of DNA repair factors such as phospho-CHK1, pCHK2, FANCD2, and BRCA1 increases, suggesting a potential role for these pathways in the progression to malignancy [101]. Figure 3 lists the host cell targets for E6 and E7.

HR-HPVs' typical infectious life cycle depends on all of these interactions. Nonetheless, these cellular regulation networks and signalling pathways may be dysregulated due to elevated E6/E7 expression, which can lead to the advancement of tumors. Furthermore, the development of carcinogenesis may also be aided by the HPV E5 protein. E5 appears to enhance the roles of E6 and E7 in the growth of tumors, and it has numerous recognized activities that may aid in the transformation process [53, 102]. Studies have also shown that the HPV16 E5 oncoprotein is linked to cervical lesions and may influence apoptosis, cell proliferation, and differentiation in the process of carcinogenesis [103].

Oncoproteins altering cellular signalling pathways

HPV early proteins aid in the malignant development of tumor cells via controlling the aberrant activation or inactivation of numerous tumor-related signalling pathways (Fig. 4). E5 is crucial in regulating cell proliferation,

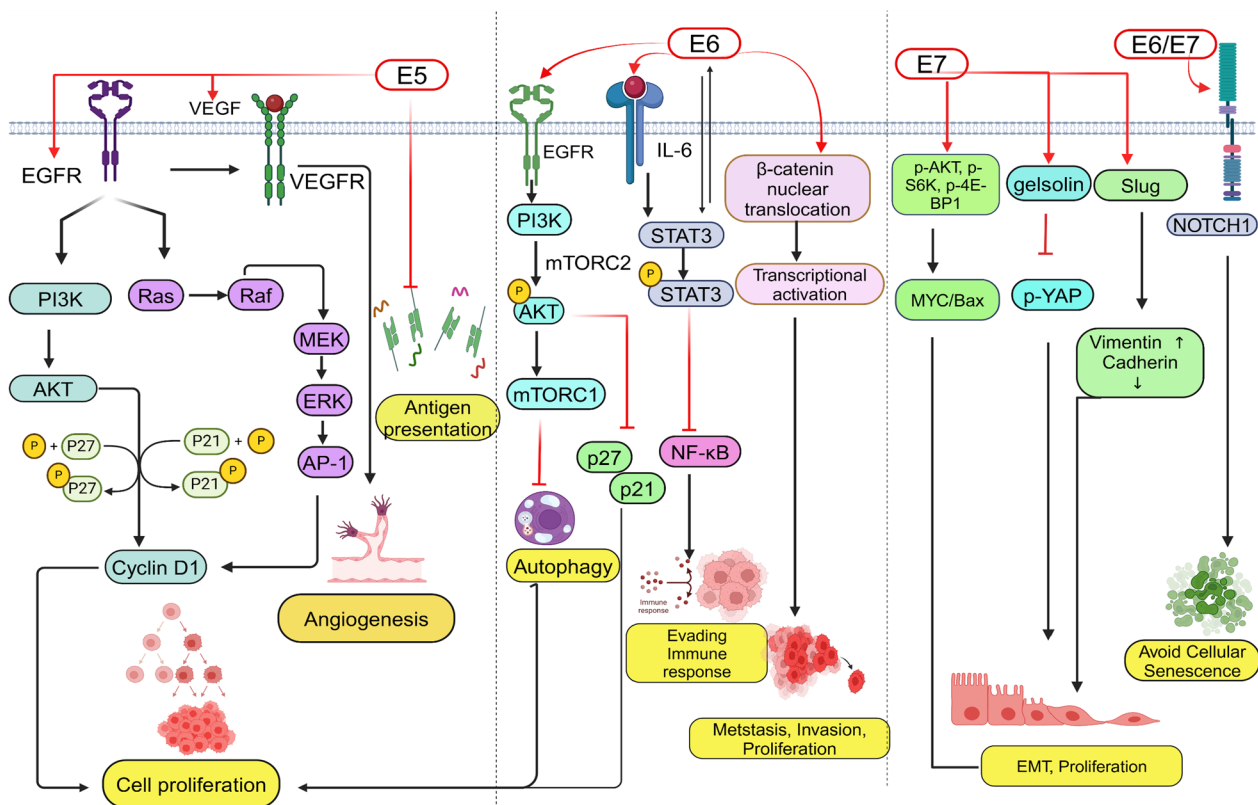


Fig. 4 Tumor-associated signalling pathways regulated by HPV E6/E7

viral replication, and several signalling pathways that trigger oncogenesis. E5 can engage with the epidermal growth factor receptor (EGFR) and initiate MAPK/ERK and PI3 K/AKT pathways [104]. EGFR activates MEK 1/2 and PI3 K, which phosphorylate ERK1/2 and AKT, respectively. Vascular endothelial growth factor (VEGF), a crucial element in angiogenesis, is ultimately elevated [105]. AKT activation leads to p21 and p27 phosphorylation, which gets accumulated in the cytoplasm and loses its ability to inhibit cyclin-dependent kinase (CDK) 4/6-cyclin D1 activity, facilitating the transition of cells from the G-phase to the S-phase. The S-phase is extended, resulting in increased basal layer cell proliferation and accelerated viral genome replication [106]. Furthermore, MAPK activation maintains the expression of cyclin D1, hence facilitating cell proliferation and activating activator protein 1 (AP-1) which is crucial for initiating and sustaining E6 and E7 expression, thereby amplifying viral expression [107]. It is demonstrated that in HPV-positive CC patients, high expression of c-Jun (AP-1 dimer) is associated with poor prognosis [108]. E5 also evades immune response via downregulating major histocompatibility complex (MHC)-I expression and inhibiting MHC II transporting to the cell surface for antigen presentation [17, 109].

E6 possesses the capability to induce uncontrolled cell proliferation. It has been reported that E6 controls the PI3 K/Akt/mTOR pathway. Akt phosphorylation by mTORC2 activates mTORC1, inhibiting autophagy and increasing viral replication and cell proliferation [110, 111]. It also leads to uncontrolled proliferation via downregulating the expression of cyclin inhibitor kinases such as p21 and p27 and CDKs [112]. E6/E7 has been shown to target Notch1 to avoid cellular senescence [113]. Activated neurogenic locus notch homolog protein 1 (Notch 1) keeps HPV16 E6 and E7-induced transformation intact and prevents p53-induced apoptosis [114]. E6 augments STAT3 signaling by promoting IL-6 production via the Ras-related C3 botulinum toxin substrate 1/NF- κ B pathway. STAT3 can subsequently enhance the expression of E6. Activated STAT3 facilitates the transcription of genes associated with cell proliferation [115]. HPV-related malignancies also exhibit upregulation of the wnt/ β -catenin pathway, another signalling pathway that is responsible for cell division, migration, and proliferation [116, 117]. E6 is reported to promote the production of Wnt signalling downstream target genes like cyclin D1 and C-myc and helps β -catenin nuclear translocation, which promotes cell growth and proliferation [118]. E6 promotes

the expression of MZF1, leading to the subsequent transcription of NKX2-1 and FOXM1. FOXM1 augments the transcription and translocation of β -catenin [119]. Extracellular vesicular Wnt7b, which is increased by E6 in HPV-16 and HPV-18 positive cells, can notably boost β -catenin signaling to enhance angiogenesis and cancer invasion [120]. Interferon regulatory factor 3 interacting with E6 inhibits its phosphorylation, transcriptional activity, and translocation, suppressing downstream IFN β production and allowing HPV to avoid immune responses [121].

E7, another oncoprotein, promotes the generation and progression of carcinoma, as it can trigger DNA damage and genomic instability. HR-HPV16 E7 has been found to stimulate PI3 K signalling. Increased AKT expression encouraged Pirin expression, which in turn activated NF- κ B signalling cascade, which promotes cell migration and EMT in CC and oral cancer cells. EMT can also be induced by E7's ability to interact with gelsolin to drive cytoskeletal actin reorganization and encourage pYAP retention in the cytoplasm. YAP1 activation beyond the carcinogenic threshold thereby arises cervical cancer [122]. E7 may regulate the expression of EMT-associated transcription factors Slug, which increases vimentin expression and decreases E-cadherin expression,

simultaneously contributing to EMT and migration [123]. HPV-16 E7 and E6 collaboratively enhances the accumulation of β -catenin in the nucleus, elevates the expression of c-Myc and transcription factors, and facilitates the onset of EMT [118]. HPV16 E7 is reported to prevents phosphorylation of p70S6 K, 4E-BP1, and AKT probably by enhancing expression of a long non-coding RNA lnc-FANCI-2 [124, 125]. Upregulates the expression of the c-MYC, Bax, and insulin receptors, leading to cell proliferation and cancer progression [126]. E7 also helps in immune evasion by suppressing RIG-1 and cGAS-STING pathway activation and IFN production and release [127]. These are the various oncogenic signalling pathways modulated by HPV oncoproteins to promote carcinogenesis.

HPV and various cancers

The main risk factor for the development of HPV-associated malignancy is HPV infection. HPV infections are often under the immune system's control and disappear in your body in a year or two. Long-term, high-risk HPV infections can cause alterations in the cells that, if left untreated, might worsen over time and eventually develop into precancerous and cancerous conditions. Six cancer forms are associated with HPV: these are cervical

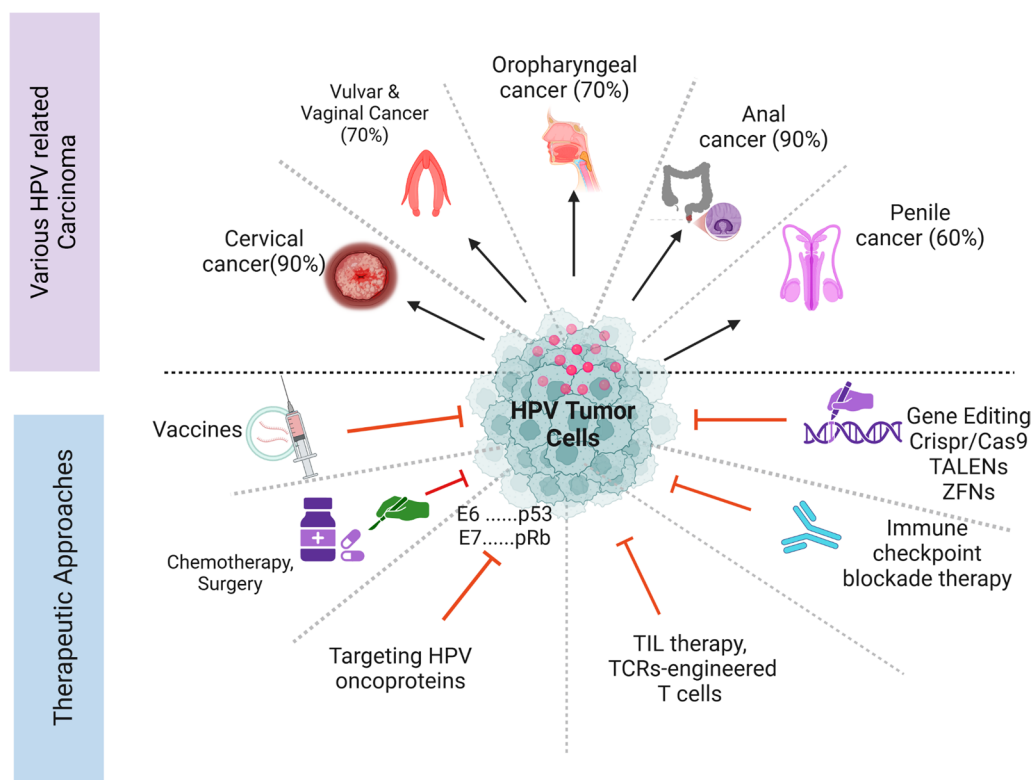


Fig. 5 Depiction of HPV-related cancers comparing percentages of HPV-associated and other causes

[15, 128], vulvar, penile, vaginal, oropharyngeal and anal cancers [129–131]. As shown in Fig. 5, it is estimated that chronic, high-risk HPV infection is the cause of 90% of cervical and anal cancers, 70% of vulvar and vaginal cancers, 60% of penile cancers, and 70% of oropharyngeal cancers [132, 133]. These organs' interior surfaces are lined by squamous, thin, flat cells infected with HPV. Most HPV-related cancers are called squamous cell carcinomas. Certain malignancies of the cervix, known as adenocarcinomas, are caused by HPV infection of glandular cells.

Cervical cancer

Eighty percent of women who engage in sexual activity will, at some point in their lives, contract HPV [6]. A viral clearance has been confirmed in roughly 90% of affected women. However, the virus can continue to infect 10% of infected women, resulting in E5, E6, and E7-mediated mutations that can initiate cancer, as predicted by the stochastic model [134]. Squamous cell carcinoma (SCC) and adenocarcinoma (AC) are the two histological subtypes that make up cervical cancer. SCC, which arises from squamous cells in the ectocervix, is responsible for 75–83% of cases globally, whereas AC, which comes from glandular cells that create mucus in the endocervix, causes 12–25% of instances [135–137]. Subsequent to HPV infection during SCC progression, a dysplastic alteration occurs in the cervical epithelium's squamous cells, and these lesions are known as cervical intraepithelial neoplasia (CIN) [137]. Semi-quantitatively, the epithelial changes that makeup CIN have been categorized into three groups: CIN1 through CIN3. CIN1 lesions, also referred to as low-grade CIN, are flat warts that retain the ability to produce virus particles and complete the HPV life cycle. Proliferation is low in this instance, occupying the bottom third of the epithelium. Basaloid cells that occupy one to two-thirds of the lower epithelium are characteristic of CIN2 lesions. Finally, CIN3 lesions are a prelim stage of cervical cancer since they contain two-thirds of the epithelium's thickness. Given their propensity to develop cervical cancer, CIN2, and CIN3 are regarded as high-grade CINs [138, 139]. Only 10% to 20% of persistent HPV infections have the potential to progress to cervical cancer, with the majority of infections clearing up a few years after exposure [29]. If a persistent infection has been established, HPV can integrate into the host genome, which plays a critical part in the development of cancer, with HPV-human fusion transcripts being the primary driver of malignant transformation [78, 140]; viral integration is seen in 80% of HPV-16- and 100% of HPV-18-positive cervical carcinomas [141, 142]. Surgical procedures, radiation therapy, and chemotherapy are the current treatments

used, but innovative immunotherapies have the potential for better prognosis and patient survival [143]. Over the years, a better understanding of HPV biology has led to the identification of several biomarkers, which could help develop more potent treatments and better prognoses [144].

Head and neck squamous cell carcinoma (HNSCC)

Head and neck cancers account for 47,813 new cases and 10,492 deaths annually, or about 3% of all new cancer cases in the US [145]. HNSCC can develop in various parts of the upper aerodigestive tract, including the oral cavity, nasopharynx, paranasal sinuses, oropharynx, hypopharynx, and larynx. Among these, OPSCCa in men has the highest prevalence and is increasing due to HPV, whereas cervical cancer was previously the most common HPV-associated cancer [146]. At least 85% of all HPV-positive OPSCCa have been reported to be related to HPV-16 [147]. According to predictions, the number of cases will increase over the next ten years, surpassing 30,000 cases annually by 2029 [148]. It is due to oral sexual behaviors have risen over the past 50 years, especially among younger people. The pathogenesis of HPV-related HNSCC has been found to be influenced by intratumor heterogeneity, including genetic, epigenetic, and histopathologic variations. The range of treatment responses seen in both clinical trials and established clinical practice is influenced by this heterogeneity [149].

Anogenital cancer

HPV is also found to be associated with 40–85% of all anal, penile, vaginal and vulvar carcinomas. In this instance, anogenital infections can serve as viral reservoirs for cervical infections, which can serve as HPV reservoirs for anogenital infections [150].

Anal cancer

HPV infection is significantly linked to 90% of anal cancer cases, with HPV16 being the most common form identified in 75% of cases [151, 152]. Anal cancer is becoming more common in both genders; however, it is more common in high-risk populations, including HIV-positive individuals and homosexual men. Precancerous lesions precede HPV-related anal cancer, and the two diseases have comparable etiologies [151]. Squamous cell carcinoma (SCC) is the most common histological type of malignancy observed in the anorectal region [153]. Anal SCC patients (20–30%) usually do not experience many symptoms therefore diagnosis becomes difficult or delayed [154]. Recent studies have shown that treating anal high-grade squamous intraepithelial lesions (HSIL) significantly lowers the risk of developing anal cancer compared to active surveillance in patients with a history

of anal HSIL [155]. The early acquisition of anal HPV is substantially prevented by HPV vaccination [156]. Using anal cytologic test (or anal swab), samples are taken into tests through high-resolution anoscopy (HRA) [157]. HRA is the gold standard for the screening and diagnosis of anal dysplasia and cancer. It is generally used after an abnormal cytology result [158]. However, anal cytologic analysis and anal HPV testing have limitations, and high-resolution anoscopy is not a practical screening method due to its expensive nature and restricted availability [159]. Therefore, more investigations are required to enhance screening algorithms for the detection of anal HSIL.

Vulvar and vaginal cancer

Although vaginal and vulvar cancers are relatively rare tumors, however, their occurrence is rising globally [160]. This has been partly linked to the acceleration of the epidemiology of HPV infection [161]. High-income countries tend to have greater rates of both cancers [162]. A higher percentage, 78% of vaginal cancers, are linked to HPV infection; in contrast, only 25% of vulvar cancers are HPV positive [163]. Two different routes lead to invasive squamous cell carcinoma in the vulva (VSCC); one-third of vulvar SCC is HPV-associated, whereas the other pathway is HPV-independent. This difference can be seen in the lesions that precede it, known as differentiated vulvar intraepithelial neoplasia (dVIN) and HSIL, respectively [6]. Compared to HSIL, dVIN has a larger chance of developing into cancer. Precursors and vulvar malignancies positive for HPV are associated with younger ages and smoking.

On the other hand, aging and persistent inflammatory conditions like Lichen Sclerosus (LS) are linked to HPV-negative vulvar cancer and precursor lesions [6]. Patients with advanced vulvar cancer have poor treatment outcomes despite having a better prognosis if diagnosed in the early stages of the disease [164]. Improved vulvar cancer prognosis is therefore crucial, particularly for patients whose disease has progressed to an advanced stage. While far less common than cervical cancer, vulvar cancer is discovered to be more common than vaginal cancer. Therefore, the low frequency of vulvovaginal malignancies may be one factor contributing to the lack of evidence on this topic [162]. Compared to cervical recurrence, which has a larger body of evidence, the effectiveness of HPV vaccination in preventing vulvovaginal recurrence remains largely unexplored, and currently, no screening program exists. Therefore, further research is needed to provide stronger evidence to support preventive measures for protecting women's health [160].

Penile cancer

Penile cancer (PC) is a rare malignant tumor in the male genitourinary system, with an estimated 36,068 new cases and 13,211 deaths worldwide in 2020, according to the Global Cancer Statistics (GLOBOCAN) [162]. PC is mostly developed from genital warts and precancerous lesions. Penile intraepithelial neoplasia (PeIN) occurs in mucosal epithelial areas, commonly in glans and foreskin in the penis, with a 45.5% HPV DNA prevalence [165, 166]. It has also been demonstrated that there are two possible routes for malignant transformation in penile cancer development, depending on whether HPV infection is present or not. Like vulvar cancer, PeIN, the precursor to penile cancer, is HPV-positive in the majority of cases (up to 90%), with HPV 16 being the most prevalent genotype (40%).

In contrast, a lower number (50%) of penile carcinomas is associated with HPV. Phimosis, chronic inflammation, obesity, smoking, UVA phototherapy, immunosuppression, multiple sexual partners, and socioeconomic factors are associated with HPV-negative penile cancer and its precursor lesions [167]. HPV vaccines are a primary strategy for preventing cancers induced by the HPV. These vaccines are particularly injected into young people to reduce the likelihood of HPV infections. Studies indicated that the vaccinations are highly effective against related precancerous and cancerous conditions induced by high-risk HPV subtypes like HPV 16 and 18 [168]. Regular screening and HPV testing are important for adults as well as high-risk patients who can suffer from abnormalities. Circumcision status can suggest the risk of being infected with sexually transmitted diseases like HPV, as uncircumcised men can commonly develop genital warts due to greater exposure of genital mucosa to HPV [169]. All age groups appear to have a high prevalence of HPV infection; however, the incidence of HPV-associated vulvar and penile cancer is significantly lower than the incidence of cervical cancer, indicating that the vulvar and penile epithelium may be more receptive to productive HPV infections, which support the viral life cycle to generate viral progeny with appropriate control of viral gene expression (or be more likely to be controlled by host immunity), rather than abortive/non-productive infections, which are more likely to progress to malignant transformation [14]. Vaginal cancer would also fall under these principles.

Diagnosis

To prevent and manage HPV infection and stop the spread of cancer, early diagnosis of HPV is essential. Due to the complicated nature of HPV infections, regular

Table 2 Diagnostic approaches to characterize HPV

Test method	Strengths	Limitations	Refs.
Cytology or Pap smear test	Early detection of precancerous lesions in CC, Simple to operate, easy to learn, cost-effective, performed in any laboratory	Limited sensitivity, low specificity, inadequate repeatability	[172, 173]
Visual inspection test with acetic acid (VIA)	Higher detection rate for high-grade lesions, Fast results, less follow-up visits	False positive results	[175]
Colposcopy	Non-invasive, painless, High sensitivity, Cost-effective	Low specificity	[176]
Thinprep cytologic test (TCT)	Enhanced quality of TCT slides, Higher detection rate, Non-invasive,	–	[177]
HPV DNA PCR	High sensitivity and specificity	Not prognostic marker	[181, 182]
mRNA PCR	High sensitivity and specificity Reflects virus's active transcription, Prognosis of illness	Required technical expertise	[183]

screening is essential for monitoring HPV-related lesions [17, 46] (Table 2).

Cytological screening

The principal approach to identifying precancerous and cancerous lesions arising from HPV infections has been cytological screening, including the Papanicolaou stain (Pap smear), colposcopy, or visual inspection analysis.

Cytology or Pap smear

It is used to find aberrant cervical epithelial cells, which could be a sign of cervical carcinoma or precancerous lesions, and serves as a routine CC screening. Pap smear has led to a significant decrease in the incidence of CC and death [170]. This decrease has been ascribed to increased coverage and the execution of effective Pap-based screening programs [171]. Nonetheless, the primary clinical limitations of the Pap smear include its limited sensitivity, low specificity, inadequate repeatability, and an annual or triennial testing schedule [172, 173].

Visual inspection test with acetic acid (VIA)

It is a good substitute for cytology. Since Pap screening method entails multiple steps, requiring a cytopathology laboratory equipped with qualified experts to identify cancer facilitates timely treatment if necessary [3]. This 3–5% acetic acid solution is applied on the cervix for one to two minutes to complete the VIA. The cervix is then examined for a white colour change, which may indicate underlying pathology. Studies have shown that early diagnosis employing VIA can reduce cervical cancer

incidence by 25% and mortality by 35% [174]. Despite its higher sensitivity, VIA has not been widely adopted in mass screening programs, likely due to its higher false-positive rates [175].

Colposcopy

It functions as an intermediary diagnostic technique between visual inspection and low-magnification microscopy. This technique can identify subtle lesions imperceptible to the naked eye, precisely locate the lesion, and facilitate tissue sampling for histopathological analysis, improving diagnostic accuracy, especially for asymptomatic early-stage cervical cancer. The examination is affordable, personnel training is easy, and the procedure is non-invasive and painless, leading to high patient adherence. However, it is associated with high sensitivity but low specificity [176].

Thin prep cytologic test (TCT)

It is a thin-layer liquid-based cytological screening method for cervical lesions. The approval of liquid-based cytology by the FDA also represented a significant achievement, providing a uniform distribution of a monolayer of cells that was largely devoid of obscuring components [175]. It is superior to the Pap smear test for a higher detection rate of abnormal cervical cells and smears enhanced quality, attaining an effectiveness exceeding 95%. It facilitates early prevention, detection, and management of cervical cancer, hence decreasing the associated mortality rate. Owing to its non-invasive and convenient characteristics, this test is appropriate for routine gynaecological examinations [177].

HPV testing

HPV testing has emerged as a promising screening method for cervical cancer as a more sensitive method than the Pap test alone with reduced false-negative rate for cervical lesions [178]. Numerous HPV testing techniques have been developed, such as Hybrid Capture II and PCR, which can identify high-risk HPV genotypes linked to cervical cancer [179]. In many affluent nations, HPV testing is being explored as an additional cervical cancerscreening technique [180]. Due to high sensitivity, specificity, and capacity to detect numerous HPV types simultaneously, PCR-based assays are frequently employed in the diagnosis of genital warts, cervical cancer screening, and other HPV-related illnesses [181, 182]. Although HPV DNA testing is used to confirm HPV infection, it does not show how the infection is progressing. Thus, additional assays were created, particularly those that focused on viral oncoproteins or E6/E7 mRNA, to ascertain the virus’s active transcription in infected cells and to offer more precise information regarding the prognosis of the illness [183]. PCR-based tests, which are regarded as the gold standard, are frequently used to identify HPV at the nucleic acid level.

In recent years, more sophisticated analytical tools,such as isothermal amplification techniques (IATs) and CRISPR-Cas-based systems, have surfaced that may surpass them in terms of ease of use, affordability, or temporal efficiency [184]. For instance, in cervical cancer and oropharyngeal squamous cell carcinoma, loop-mediated isothermal amplification (LAMP) has become a viable method for the quick and affordable identification of high-risk HPV subtypes. It demonstrates high sensitivity and specificity comparable to PCR, the current gold standard [185, 186]. Furthermore, the AmpFire HPV assay,, showed similar sensitivity to PCR-based tests for identifying CIN2 + and CIN3 + in samples collected by the patient and

clinician, qualifying it for use in mass screening initiatives [187]. Similarly, the CRISPR-Cas system has been employed in the detection of HPV [188–200]. Scientists have created CRISPR-Cas12a-based assays that show great sensitivity and specificity for identifying HPV16 and HPV18 DNA in a variety of clinical samples, such as plasma and anal swabs [201, 202]. These assays can yield results in 35–80 min without requiring costly equipment or a high level of technical competence by integrating CRISPR-Cas technology with isothermal amplification techniques like recombinase polymerase amplification (RPA) [192].

Co-testing

There is a gradual shift from relying solely on cytological testing to adopting co-testing, which combines cytology and molecular testing to enhance screening efficacy [203, 204]. One study reported that co-testing detected CIN grade 3 or higher (CIN3 +) with high sensitivity (99.4%) [205]. Another study found that co-testing achieved a sensitivity of 93% for detecting AIN2 + [206]. However, co-testing is associated with a higher rate of false positives than using the Pap test alone [207]. These screening methods highlight the potential for addressing high-risk HPV (HR-HPV) infections and abnormal cell changes, such as precancerous lesions, before they progress to malignancy.

Screening criteria

Numerous societies have provided screening criteria for women at average risk, including those for cervical cancer and HPV screening, depending on age and HIV co-morbidity. These guidelines are based on recommendations from the WHO, USPSTF (United States Preventive Services Task Force), and CDC (Table 3) [3]. The CDC currently does not recommend routine screening for HPV infection in men, as no approved tests are available. However, anal Pap testing may be offered to men

Table 3 CDC, USPSTF, and WHO recommendations for cervical cancer and HPV screening in women depending on age and HIV co-morbidity

Female populations	WHO	CDC and USPSTF
< 21	Not advised	Not advised
21–30	Not advised	Pap testing every three years
30–65	HPV DNA testing every 5–10 years; complete after 2 negative tests	Pap test every 3 years, Pap test with HPV co-testing every 5 years,or HPV testing every 5 years
Having HIV	HPV DNA test starting at age 25 every 3–5 years	Pap test or Pap test with co-testing starting at age 21 yearly for three years then every three years for life

who engage in anal intercourse or are HIV-positive [208]. HPV screening primarily targets individuals at high risk, focusing on cervical and anal cancers. As a result, there are limited opportunities for screening HPV-associated oropharyngeal cancers [209]. Further research is needed to develop effective strategies for detecting and screening for HPV infection in other cancers, such as oropharyngeal cancer [157].

To support the cervical cancer elimination strategy, surveillance-based programs for effective cervical screening need to be expanded and strengthened. This includes utilizing survey-based methods, conducting population-based screening studies, encouraging women to participate in screening programs, implementing routine screening with cytology or VIA, and improving infrastructure and medical staff facilities in resource-limited areas [210]. Additionally, the WHO highlights that HPV DNA screening, which allows for self-sampling, can help increase screening rates, as some women may prefer self-sampling over traditional provider-administered methods [211].

Biomarkers

Biomarkers play an important role in the detection and prediction of malignancies linked to HPV. These could improve clinical management choices and perhaps save lives by facilitating early diagnosis of HPV infections and their progression to cancer, especially in developing nations [212]. Table 4 shows several promising biomarkers for diagnosis and management of HPV infections.

mRNA biomarkers

Over the years, it has been well established that messenger ribonucleic acid (mRNA) could be a precise indicator of gene transcription activity. HPV E6/E7 mRNA detection has been studied recently as a possible biomarker for cervical cancer screening. Various studies have evaluated the detection of mRNA transcripts in cervical scrapings to identify cervical precancers [213–217]. It has been shown that identifying HSIL in women who are positive for HPV, E6/E7 mRNA detection in cervical exfoliated cells is performed similarly to cytology triage [218]. Another study reported 100% positivity for E6/E7 mRNA in high-grade lesions associated with lesion progression [219]. These findings suggest that detecting E6/E7 mRNA could serve as a valuable biomarker and screening tool for cervical cancer, potentially reducing unnecessary procedures and alleviating patient concerns.

Additionally, recent research found that CAPZB mRNA levels may serve as a complementary marker for HR-HPV infection [220]. One study reported that in HPV-positive HNSCC patients, high expression of the *KEAP1* gene and low expression of *NRF2*, *TP53*, and *NQO1* genes were significantly associated with better survival [221]. HPV-positive HNSCC patients with higher *ZNF540* mRNA expression had higher overall survival (OS) [222]. In another study increased expression of follicular dendritic cell secreted protein (FDCSP), a chemokine-associated prognostic biomarker are associated with improved HPV-positive HNSCC patients' prognosis [223].

ncRNAs as biomarkers

Non-coding RNAs (ncRNAs) are important in HPV-driven malignancies [224, 225]. Long non-coding RNAs (lncRNAs) and microRNAs (miRNAs) are among the classes of non-coding RNAs (ncRNAs) that are dysregulated in HPV-related malignancies and are associated with tumor prognosis and progression [226]. These are found to play a significant role in tracking different cellular functions in gynaecological malignancies, several clinical trials are being conducted to find biomarkers and potential therapeutic benefits of ncRNAs [227].

miRNAs

miRNAs have gained attention as possible biomarkers for cervical cancer diagnosis and HPV infections as aberrant expression of oncogenic and tumor-suppressive miRNAs is important for cervical carcinogenesis during HPV infection [228]. miRNA dysregulation may be a significant factor in the development of cervical cancer [228], and the assessment of particular miRNAs may offer novel potential markers for cancer screening and the assessment of patients' prognosis [229–231]. In the progression of invasive cervical carcinoma, the up-expression of miR-16, miR-21, miR-25, miR-92a, miR-378, and down-expression of miR-22, miR-27a, miR-29a, and miR-100 are reported as the most frequent miRNAs [230, 232]. Other findings revealed cervical cancer tissues with upregulated levels of several miRNAs, including miR-15a-5p, miR-17-5p, and miR-21-5p [233]. A substantial drop in miR-375 expression in 170 cervical cancer tissues when compared to 68 normal tissues has also been reported [234]. Moreover, there is an improved accuracy for the diagnosis of cervical cancer when a combination of six elevated miRNA markers are used (miR-20a, miR-92a, miR-141, miR-183*, miR-210, and miR-944) [235]. In HPV-positive OPSCC, the overexpression of miR-182-5p, miR-133a-3p and miR-205-5p has been documented and thus can be used as prognostic indicators [236, 237]. In patients with HPV-positive tonsil and base-of-tongue

Table 4 Indicating biomarkers for cervical cancer and HR-HPV infection screening and diagnosis

Biomolecule	Tumor type	Biomarker	Expression	Outcome	Refs.	
mRNA	CC	E6/E7	High	Lesion progression	[219]	
		CAPZB	High	Distinguish between cervical LSIL – and HSIL +	[220]	
	HNSCC	TP53	Low	Associated with improved survival	[221]	
		NRF2	Low			
		KEAP	High			
		NQO1	Low	Improved OS	[222]	
		ZNF540	High			
		FDCSP	High	Improved OS	[223]	
miRNA	CC	miR-21	High	Depicts Cancer Progression	[232]	
		miR-29a	Low	More in HPV-infected cervical cancer than in normal tissues	[233]	
		miR-15a-5p	High			
		miR-17-5p				
		miR-21-5p		Its downregulation involved in cervical cancer pathogenesis	[322]	
		miR-218	Low			
		miR-375	Low	Advancement of Cervical cancer	[234]	
		OPSCC	miR-182-5p miR-133a-3p miR-205-5p	High	prognostic indicators	[236, 237]
	lncRNA	TSCC/BOTSCC	miR-155	High	increased OS and PFS	[238]
		CC	RUSC1-AS1 LINC01411 LINC01990 LINC02099 LINC00452 ADPGK-AS1 C1QTNF1-AS1 H19	High	Prognostic indicator	[240]
LINC01101 and LINC00277			Low	Reduced expression with lesion and cancer progression	[241]	
HNSCC			PRINS	High	Associated with better OS and DFS	[242]
Protein biomarkers			CC	P16INK4a	High	Prognostic indicator
	MCM2	High		Prognostic marker	[249, 251]	
	CA-125	High		Used in cervical cancer and ovarian cancer diagnosis	[245, 252, 253]	
	SCCAg	High		Poor response to treatment and lower survival rates	[254]	
	OPSCC	P16INK4a	High	Prognostic marker	[244]	
Anal carcinoma	TOP2 A	High	Prognostic marker	[250]		
DNA methylation markers	CC	DAPK1, RARB, TWIST1, EPB41L3, LMX1, and HPV16 L1	Epigenetic modifications in DNA methylation patterns	Prognostic biomarkers and Potential diagnostic	[256, 259]	
Genetic markers	CC	P53, PTEN,PIK3 CA,Kras mutation	Genetic alterations	Associated with resistance to therapy, poor prognosis, predicting response to treatment and overall survival	[245]	

cancer (TSCC/BOTSCC), increased overall survival and progression-free survival (PFS) have been reported,

which has been associated to be significantly linked with increased expression of miR-155 [238].

lncRNAs

lncRNAs have also emerged as potential biomarkers and regulators in HPV-induced malignancies [239]. A study on cervical cancer prognosis identified the 8-lncRNA set (RUSC1-AS1, LINC01411, LINC01990, LINC02099, LINC00452, H19, ADPGK-AS1, C1QTNF1-AS1) as prognostic indicators [240]. LINC01101 and LINC00277 expression levels are also significantly linked to HPV presence. Their reduced expression is observed in cervical lesions and cervical cancer [241]. Another lncRNA, lnc-FANCI-2 expression has been reported as a potential biomarker for improved cervical cancer patient survival [124]. In HPV-positive HNSCC, lncRNAs, *MEG3*, and *H19* appeared downregulated, while *PRINS*, *CDKN2B-AS1*, *TTY15*, and *TTY14*, were found to be upregulated. High *PRINS* expression in HPV-positive HNSCC had significantly higher overall and disease-free survival due to the robust infiltration of immune cell [242].

Protein markers

Several protein markers have shown potential as biomarkers for HPV-related carcinomas. P16INK4a is a tumor suppressor protein marker often used to identify high-grade cervical lesions and differentiate between benign and malignant cervical tissues [243]. It is also used to assess HPV status in HNSCC; its expression improves OPSCC survival [244]. Several other protein biomarkers are being studied for cervical cancer detection, including survivin, Ki-67, matrix metalloproteinases (MMPs), and tissue inhibitors of metalloproteinases (TIMPs) [245]. Using p16 and Ki-67 staining in combination enhances diagnostic accuracy, especially in differentiating high-grade from low-grade lesions [246–248]. Others include minichromosome maintenance protein 2 (MCM2) and topoisomerase II alpha (TOP2 A), whose expression is associated with HPV-induced cervical lesions and anal carcinoma respectively [249, 250]. Both proteins can potentially serve as biomarkers for identifying precancerous and cancerous lesions. Notably, MCM2 shows strong expression in HSIL [249], and MCM2 expression is much higher in CIN and SCC than in normal cervical tissue [249, 251]. Cancer antigen (CA-125), is another protein biomarker that is elevated in cervical adenocarcinoma (ADC) [245, 252, 253]. SCCAg, an SCC tumor marker, increased levels suggest poor treatment response and diminished survival chances in CC patients [254]. Therefore, protein biomarkers possess significant potential in improving the early detection, diagnosis, and treatment of cervical cancer.

DNA methylation

DNA methylation of human and HPV genes is a potential biomarker for cervical cancer screening and prognosis. Investigating changes in host and viral DNA methylation and their connection to cervical cancer development can provide valuable insights into the disease's mechanisms, aiding in both treatment and prevention efforts [255]. It has been shown that the severity of cervical lesions correlates well with increased frequency and level of methylation in both host and viral genes [256, 257]. Methylation biomarkers can identify early-stage modifications to differentiate between high-grade lesions and cancer and increase the effectiveness of cervical cancer screening [258]. Certain genes have demonstrated potential in differentiating between precancerous lesions, invasive malignancy, and normal tissue, including DAPK1, RARB, TWIST1, EPB41L3, LMX1, and HPV16 L1 [256, 259]. Accurate and timely triage of women with HSIL + cervical illness, both HPV-positive and HPV-negative, has been made possible by using very sensitive and specific hypermethylated DNA markers *FMN2*, *EDNRB*, *ZNF671*, *TBXT*, and *MOS* [260]. Before clinical deployment, specific biomarkers necessitate additional assessment and automation.

Genetic markers

Genetic modifications in cervical cancer include several DNA sequence abnormalities that may function as indicators for detection, diagnosis, prognosis, and therapy response [261]. For instance, mutations in the p53 tumor suppressor gene most commonly mutated in cervical cancer at its aggressive stage may have prognostic significance. Mutation of another tumor suppressor gene, PTEN, promotes tumorigenesis via constitutive activation of the PI3 K/Akt pathway. Therefore, its assessment can provide prognostic information and guide therapeutic decisions in CC. Additional genetic alterations associated with cervical cancer encompass PIK3 CA and Kras mutations which may have implications for the targeted therapy. These genetic alterations function as significant biomarkers for the detection of cervical cancer, evaluation of risk, and selection of therapies [245]. However, further research is required to validate these biomarkers' therapeutic use and establish standardized testing protocols for their integration into standard clinical practice.

Therapeutic approaches

Targeting HPV early proteins

HR-HPV early (E) proteins play a major role in initiating HPV-mediated carcinoma. By developing novel therapeutic approaches directed towards targeting E proteins, it may be possible to eradicate all cancer

cells significantly. E6 and E7 proteins are recognized as primary oncogenes in cervical and head and neck cancers [262].

Targeting E6 oncoprotein

E6 leads to tumor suppressor protein p53 destruction via forming a complex with E6 AP [263]. Reactivating the action of p53 may be possible through the effective treatment strategy directed towards inhibiting the formation of this complex. Compound Cpd12 has demonstrated encouraging results by interfering with the E6/p53 interaction that blocks the E6-mediated degradation of p53 [264]. This method has extensive activity against cervical and head-and-neck cancer cells and is effective against several high-risk HPV strains, such as HPV16, HPV18, HPV45, and HPV68 [265]. Additionally, although attempts have been made to target p53 [266] or its negative regulators [267], no p53 drug discovery program has been approved by the food and drug administration (FDA) or European medicines agency (EMA) [268, 269]. To develop E6-directed therapies, numerous attempts have been performed, such as siRNAs [270–272], chemical matter, including affibodies, nanobodies [273, 274], intrabodies [275, 276], and small molecule inhibitors [277]. Furthermore, a viable approach for therapeutic intervention against many types of HPV is to target E6 interactions with cellular proteins that include PDZ binding motifs or acidic leucine-rich LxxLL motifs [278–280]. Polyhydroxy flavonoids, LxxLL-derived mini proteins, and LxxLL-based peptides have all been used to target the HPV16 E6 LxxLL binding groove [281–283].

Targeting E7 oncoprotein

E7 leads to the inactivation of tumor suppressor pRb, which also causes an increase in the free E2 F family of transcription factors (E2 F) in the cell. These events increase the cyclin-dependent kinase inhibitor p16 (p16INK4a) and abnormal proliferation, which is indicated by elevated Ki-67 expression [284]. This dependence on p16INK4a is dependent on its capacity to suppress CDK4/CDK6 activity and is mediated by the histone demethylase KDM6B. One possible therapeutic target in HPV-associated malignancies is the p16INK4a addiction. In p16-dependent cell lines, small molecule inhibitors of KDM6B, including a selective inhibitor of the histone demethylase JMJD3/UTX, GSK-J4, have demonstrated effectiveness in causing cell death [89]. Future treatments may benefit from the results of the interaction between E7 and HDAC inhibitors, which is a promising antiviral target. Recent clinical trials are investigating a variety of HDAC inhibitors to deactivate E7 since the overexpression of HDAC plays a major

role in the advancement of cancer [285]. Furthermore, phase I/IIa clinical trials have tested a p16INK4a peptide vaccination approach for patients with advanced HPV-associated malignancies, indicating the possibility of p16INK4a-targeted immunotherapy [286]. Additionally, the E2 protein has been studied as a possible therapeutic agent; VP22-E2 fusion proteins have been shown to be able to penetrate cells and cause apoptosis [287]. These oncoproteins represent promising therapeutic targets for HPV-related cancers.

Treatment using genome editing technology

Recent research has exhibited diverse methods for utilizing genome editing technology to suppress E6/E7 expressions in cervical cancer associated with HR-HPVs. In vitro and in vivo studies have shown the effectiveness of local injection of CRISPR/Cas9, targeting both E6 and E7 concurrently in causing cell death and preventing tumor growth [288]. Silencing these genes resulted in the death of HPV18 and HPV16 cancer cells, inducing p53 and pRb expression [289, 290]. Moreover, p53/Rb protein overexpression and the inhibition of HeLa cell growth could be achieved by another method i.e., gene knockout chain reaction (GKCR) method, which targeted the HPV18 E6/E7. Thus, this technique may be promising for treating HPV infections and associated cervical cancer [291]. Transcription activator-like effector nucleases (TALENs) and zinc finger nucleases (ZFNs) are two more genome editing technologies that have also been investigated for cervical cancer treatment [292, 293].

Other therapies

Depending on the clinical stage of the disease, treatment options for cervical cancer include surgery, chemotherapy and radiation therapy. Historically, cisplatin-based chemotherapy has been the standard of care. However, because of an increase in resistance to monotherapy, cisplatin-based chemotherapy has been found to be more effective when paired with other therapies such as bevacizumab, topotecan, paclitaxel, 5-fluorouracil or bleomycin [294, 295]. Moreover, *Nocardia rubra* cell wall skeleton, a New Drug in China, can mitigate T-cell exhaustion and augment local immunological responses in patients with HPV infection or diagnosed with CIN [296]. Additionally, immunotherapy like, immune checkpoint inhibitors (ICIs) such as tremelimumab, pembrolizumab, nivolumab, and durvalumab, alone or as combination therapies have gained attention recently as a treatment option for advanced or recurrent cervical cancer [297, 298]. In HPV-positive oropharyngeal cancer also, ICIs in combination with radiation therapy encouraging results are reported [298]. Therapeutic approaches focusing on the immune response against the

HPV proteins have been drawing attention. For instance, anti-tumor immunity offered by tumor-infiltrating lymphocyte therapy (TIL therapy), is expected to be effective in cervical cancer [299]. Moreover, engineered T-cell therapies with T cell receptors (TCRs)-engineered T cells targeting E7 are highly effective in the treatment of refractory HPV-related cancers, including cervical, vulvar, anal, and oropharyngeal cancers [299, 300]. In preclinical studies, E7-specific TCR-engineered T cells demonstrated high functional avidity and effectively killed HPV-16 + cancer cells in vitro and mouse models [301]. Similar approaches targeting HPV-16 E6 have also shown potential in preclinical studies [302]. These findings support the therapeutic potential of TCR-engineered T cells in treating HPV-related epithelial cancers. Additionally, topical medications such as imiquimod, podophyllotoxin, and cidofovir, as well as manual removal or destruction, are available therapies for genital warts [303].

Vaccinations

A variety of vaccinations have been created and promoted to prevent HPV-associated cancers. Vaccinations tend to be combined with other therapies, including radiation, chemotherapy, and immunotherapy [27]. The widespread adoption of preventive vaccinations has significantly (54–83%) reduced the prevalence of HPV-related malignancies [304]. Bivalent, quadrivalent, and nine-valent are the three main vaccines available. The most recent vaccine, known as Gardasil®9, is a nine-valent that targets HPV 6, 11, 16, 18, 31, 33, 45, 52, and 58. The bivalent targets HPV 16 and 18, while quadrivalent vaccines targets HPV 6, 11, 16, and 18 [305]. Therapeutic vaccination seeks to eradicate subclinical HPV-associated illness by activating cellular immunity through dendritic cells (DCs) specific to antigen T-cell activity [306]. According to the CDC, the HPV vaccination offers sustained immunity against infection for at least 12 years [3]. It is due to the stimulation of memory B cells which are essential for preserving immunological memory [307]. The WHO recommends girls aged 9 to 14 to follow a one- or two-dose regimen. For girls and women between the ages of 15 and 20, a single or double dosage plan. For women over 21, two doses spaced 6 months apart. When it comes to vaccines, females between the ages of nine and fourteen—prior to the start of sexual activity—are the main target population. When possible and affordable, it is advised that secondary targets, such as older girls and boys, be vaccinated [308]. By using nine-valent HPV vaccine 3% of laryngeal cancer, 4% of oral cavity cancer, 21% of oropharynx cancer, 23% of vulvar cancer, 25% of penile cancer, 61% of vaginal cancer, 79% of anal cancer, and

90% of cervical cancer can be prevented [309]. Despite these advancements, vaccination rates are still low globally because of restricted access and knowledge, underscoring the need for better preventative measures and educational initiatives [3].

Conclusion

In summary, HPV's strong association with several malignancies, including cervical, head and neck, and genital cancers, highlights its significance as a major global health concern. Despite the availability of vaccines targeting the most common oncogenic strains, the incidence of HPV-related cancers continues to rise, emphasizing the need for ongoing research. A deeper understanding of the intricate molecular mechanisms of HPV-induced carcinogenesis, particularly the role of viral oncoproteins in disrupting host cell function, is crucial for developing more effective diagnostic and therapeutic strategies. Additionally, identifying novel biomarkers and targeted treatments holds great promise for improving outcomes in HPV-associated cancers. Sustained research into the virus's biology and its interactions with host cells remains vital to reducing the significant morbidity and mortality caused by HPV infections worldwide.

Abbreviations

HPV	Human papillomavirus
HR	High Risk
LR	Low risk
LSIL	Low-grade squamous intraepithelial lesion
HSIL	High-grade squamous intraepithelial lesion
HNSCCs	Head and neck squamous cell carcinomas
LCR	Long non-coding control region
ORFs	Open reading frames
URR	Upstream regulatory region
HSPGs	Heparin sulphate proteoglycans
ATM	Ataxia telangiectasia-mutated
SOD2	Superoxide dismutase isoform 2
EMT	Epithelial-to-mesenchymal transition
CTHRC1	Collagen triple helix repeat containing 1
TALENs	Transcription activator-like effector nucleases
ZFNs	Zinc finger nucleases
SCJ	Squamocolumnar junction
SCC	Squamous cell carcinoma
AC	Adenocarcinoma
CIN	Cervical intraepithelial neoplasia
OPSCCa	Oropharyngeal squamous cell carcinoma
dVIN	Differentiated vulvar intraepithelial neoplasia
VSCC	Invasive squamous cell carcinoma in the vulva
GLOBOCAN	Global cancer statistics
PeIN	Penile intraepithelial neoplasia
PI3 K	Phosphoinositide 3-kinase
MAPK	Mitogen-activated protein kinase
MEK	Mitogen-activated extracellular signal-regulated kinase
LAMP	Loop-mediated isothermal amplification

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S.M. was involved in the conception and design of the review and critically edited the manuscript. S.K.B., S.A., and R.Y. researched the data for the article.

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